


[Contact Us](#) | [UMTRInet](#)



GO

 WHO WE ARE  
- get to know us -

 OUR FOCUS  
- research areas -

 WHAT WE  
OFFER  
- facilities & services -

 WHAT WE'RE  
DOING  
- issues, news & events -

 OUR RESULTS  
- data, publications &  
projects -

[HOME](#)   [OUR FOCUS](#)   [HUMAN FACTORS AND DRIVER BEHAVIOR](#)  
[SENIOR MOBILITY](#)

 Alcohol and  
Driving

 Driver  
Demographic  
Trends

 Driver Distraction,  
Interface, and  
Workload

 Driver Modeling  
and Simulation

 Driving  
Simulation

Drowsy Driving

 Medical  
Conditions/Medications

 Night Vision  
Systems

 Pedestrian/Road  
Worker Visibility

 Rearview and  
Indirect-Vision  
Systems

**Senior Mobility**

## Senior Mobility

UMTRI researchers study the safety and mobility of persons aged 65 and older. They are interested in both reducing the crash risk of older drivers and helping seniors maintain mobility once safe driving is no longer possible. Researchers develop and test theories of how driving changes relative to cognitive, perceptual, and psychomotor declines; evaluate technology for maintaining safe senior mobility; and develop and test screening and assessment tools for seniors.

Aging can cause declines in abilities needed for safe driving. An important component of older driver safety is the ability of seniors to self-assess psychological declines and adjust driving appropriately. UMTRI researchers have been active in the development and evaluation of self-screening tools to assist older drivers in making good decisions regarding safe mobility. One of these tools is the Driving Decisions Workbook. Other research includes surveys of older drivers, evaluation of a variety of instruments, on-road assessment of drivers, and focus groups.

The maintenance of safe and acceptable senior mobility requires the involvement of the seniors family. Researchers examine this complex social dynamic and develop

## NEW + NOTEWORTHY

[NEWS](#)
[EVENTS](#)

[Keeping Soldiers Safe!](#)  
2017-08-28 21:15

[UMTRI Receives Toyota  
CSRC-Next Project](#)  
2017-08-02 15:45

[Automotive Futures  
group holds 9th  
Powertrain Strategies  
Conference](#)  
2017-07-19 09:30

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City](#)  
2017-07-10 09:30

[SEE ALL NEWS](#)

Vehicle Lighting  
and Signaling

Vision in Vehicles

Young Drivers

processes to improve the communication between seniors and their families.

As our society ages, programs to help seniors maintain safe mobility are proliferating. UMTRI is at the forefront of developing criteria for effective programs, evaluating these programs, and communicating results through publications such as Promising Approaches for Enhancing Elderly Mobility.

## RECENT PUBLICATIONS [SEE MORE](#)

### Keeping older adults driving safely: a research synthesis of advanced in-vehicle technologies

DAVID W. EBY, LISA J. MOLNAR, LIANG ZHANG, RENÉE M. ST. LOUIS, NICOLE ZANIER, LIDIA P. KOSTYNIUK

report

Background Advanced in-vehicle technologies have been proposed as a potential way to keep older adults driving for as long as they...

### Self-regulation of driving by older adults: a LongROAD study

LISA J. MOLNAR, DAVID W. EBY, LIANG ZHANG, NICOLE ZANIER, RENÉE M. ST. LOUIS, LIDIA P. KOSTYNIUK

report

Background Self-regulation, or the modification of driving by driving less or avoiding challenging situations in response to declining...

### Has the time come for an older driver vehicle?

DAVID W. EBY, LISA J. MOLNAR

journal article IN: Journal of ergonomics. Special Issue 3 (2014)

The populations of many nations and, indeed, the entire world are growing older. As people age, they are more likely to experience...

### Has the time come for an older driver vehicle?

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## UMTRI IN THE NEWS

AUGUST 28, 2017

### Keeping Soldiers Safe!

UMTRI's Biosciences group is part of a large team of University and Army researchers working to develop a new test dummy specifically for...

SEPTEMBER 16, 2016

### Self-driving vehicles will have limited impact on productivity

U-M News article covers Michael Sivak and Brandon Schoettle's latest report. Would Self-Driving Vehicles Increase Occupant Productivity?...

MAY 26, 2015

### Matt Reed in NPR's "All Things Considered"

Matt Reed, research professor and head of UMTRI's Biosciences Group, is featured in the May 25, 2015, "All Things Considered" story...

APRIL 24, 2013

### Detroit Free Press: Connected-vehicle technology could save lives

Vehicle-to-vehicle communication "really has a tremendous amount of promise to save lives," said David Strickland of the National Highway...

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### Driving avoidance by older adults : is it always self-regulation?

LISA J. MOLNAR, DAVID W. EBY, DR. JUDITH CHARLTON, J. LANGFORD, S. KOPPEL, SHAWN MARSHALL, MALCOLM MAN-SON-HING.

journal article IN: Accident analysis and prevention. Vol. 57 (Aug. 2013), p. 96-104.

Self-regulation shows promise as a means by which older adults can continue to drive at some level without having to stop altogether....

## EXPERTS



David W. Eby



Lidia P.  
Kostyniuk



Lisa J.  
Molnar



Jean T.  
Shope

## RECENT PROJECTS

[SEE MORE](#)

How to Create,  
Implement,  
Sustain, and  
Evaluate Travel

Transportation  
Patterns of Older  
Drivers in Rural  
Michigan

## Training for Older

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David W. Eby

2011 to 2013

**SPONSOR**Michigan, State of,  
Transportation, Department of**INVESTIGATORS**

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Self-Regulatory  
Practices by  
Older Adults**SPONSOR**

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